Wrap Up Meeting- Leanin6

**Aim**

Aim of this is to wrap up the programme, congratulate everyone and get some feedback.

**Where to have?**

It would be nice to have this in a local pub or café to have a celebratory feel about it. The meeting can also be done in the studio as plenty of space and it is the scene of their success.

**Prepare**

Read through the suggested content below and make some short headers to remind you to go through each one. Again it is very important to end the programme well, remember these people are important prospects and potentially a great source of referrals for your business.

**Content**

*“What a 6 weeks! Well done all and welcome to the final meeting of the programme. It’s been a tough one hasn’t it?*

*I just want to put up a few stats for you [choose whatever stats you want]:*

* *Group Calories burned in workouts =*
* *Group weight loss =*
* *Average fat % down =*

*Perhaps we can go round the group and find out what the toughest bit was and what the best bit was? Let’s start with you…John…*

*Thanks for that very interesting. I have a few little awards to give out (choose some of below or make up your own or if you don’t want to do any that is fine):*

* *Biggest Slacker – anyone who can take it without being offended that they did not lose weight*
* *Biggest Moaner – ditto*
* *Biggest weight loss on scales*
* *Biggest fat % down*
* *Best supporter of everyone*

*I just want to thank you all as I have really enjoyed going on this journey with you. I would love you to fill in a bit of feedback for me – hand out forms – no need for names we just want to learn from each programme.”*