



YOURZONE45

**SAVE
UPTO £XX***

**OPEN WEEK
FROM XX.XX.XX**

SIGN UP EARLY AND SAVE UPTO £200 ON YOUR MEMBERSHIP*

FIT JUST GOT PERSONAL

**TRY IT FOR YOURSELF
BOOK A FREE TRIAL AT
YOURZONE45.CO.UK OR
CALL: 01XXX XXXXXX**

- 36 HOUR CALORIE AFTER BURN
- HEART RATE BASED TRAINING WHERE FITNESS MEETS SCIENCE
- MAXIMUM RESULTS IN RECORD TIME
- INSTRUCTOR LED GROUP WORKOUTS
- 45 MINUTE WORKOUTS
- FOR ALL FITNESS LEVELS

ADDRESS: UNIT 2 ST. JOHN'S HOUSE, CLYDE STREET, BINGLEY BD16 4LD

*TERMS AND CONDITIONS APPLY - 3 FREE SESSION MAXIMUM DURING THE COURSE OF THE WEEK. LIMITED TIME OFFER. PLEASE CONTACT THE STUDIO FOR MORE DETAILS